Your name:	
Your address:	
Date:	
Name of care provider or facility:	
Address:	
Dear Good Vibrations Family Chiropractic:	
The purpose of this letter is to request copies of my medical records as allowed by the Health Insurance Portability and Accountability Act (HIPAA) and Department of Health and Human Services regulations.	
I was treated in your office betweenhealth records related to my treatment.	I request copies of all of my
[Note: HIPAA also allows you to request a summary of your medical records. If you prefer a summary, you should agree to a fee beforehand.]	
I understand you may charge a reasonable fee for copying the records, but will not charge for time spent locating the records. Please mail the requested records to me at the above address. [If you request that the records be mailed, you may also be charged for postage.]	
I look forward to receiving the above records within 30 days as specified under HIPAA. If my request cannot be honored within 30 days, please inform me of this by letter as well as the date I might expect to receive my records*.	
Sincerely,	
Your signature	Your name printed